

Under the aegis of:



Indian
Menopause Society



Bhopal
Menopause Society

IMSCON



2026

National Conference of
Indian Menopause Society

27th, 28th Feb & 1st March
2026

Courtyard by Marriott,
Bhopal



Theme: 2nd Innings - Playing on the Front Foot

Hosted by:

**Bhopal Menopause
Society**



Welcome Message

नमस्कार, खुशामदीद, Hearty Welcome.

Respected Members,

Greetings from Bhopal, The Heart of India.

It's a matter of immense pride and privilege that Bhopal Menopause Society bears the responsibility to host the 31st National IMSCON here in Bhopal on 27th, 28th February & 1st of March, 2026.

On behalf of organizing committee we assure you that this is going to be an unforgettable experience of academic and cultural extravaganza. This event will be an opportunity of immense learning and improvement of skills pertaining to management of problems in and around Me-no-pause.

The highlights of the conference are deliberations from eminent faculty from all over the country and capped by as many as 12 workshops in diverse fields of menopause science including aesthetic gynae, uro gynae, obesity, mood disturbances so on and so forth.

The aim is to make us still more competent in handling perimenopausal disorders of both body and soul.

Looking forward to your gracious presence to the beautiful city of lakes and hills

आप सबका ताल तलैयों और शैल शिखरों की नगरी भोपाल में पुनः स्वागत ।

About the Conference

IMSCON 2026 is the flagship national conference of the **Indian Menopause Society**, bringing together clinicians, researchers, and allied professionals dedicated to midlife women's health. This year, the Bhopal Menopause Society proudly hosts this prestigious event in the heart of India.

About the Conference Theme

Our Theme: 2nd Innings – Playing on the Front Foot: Embracing Menopause with Confidence

Menopause marks not an end, but a powerful new beginning — a second innings in a woman's life. Just like a seasoned cricketer who steps onto the field with wisdom, strategy, and renewed determination, women entering this phase are empowered with experience, resilience, and strength.

Playing on the front foot: Facing the challenges of menopause not with fear, but with proactive awareness and bold self-care. It's about taking charge of your health, making informed choices, embracing hormonal and lifestyle changes, and celebrating the freedom this stage brings.

Menopause is not a pause — it's a powerful play, a front-foot stride into the next vibrant chapter of life.

We warmly welcome you all from the Heart of India — Dil Se!



IMSCON 2026

Organizing Committee

Organizing Chairpersons

Dr. Anita Shah
Dr. Vaijayanti Kolekar
Dr. Shashi Shrivastava

Chief Advisor
Dr. Madhuri Chandra

Joint Organizing Secretaries

Dr. Rajni Hajela
Dr. Shruti Shah
Dr. Anita Shrivastava
Dr. Monica Singh

Organizing Secretaries

Dr. Ragini Agarwal
Dr. Manisha Khare
Dr. Shraddha Agarwal
Dr. Meeta Agarwal

Treasurer

Dr. Sarla Jain
Dr. Amita Dubey
Dr. Supriya Hajela



IMSCON 2026

Organizing Committee



Dr. Anita Shah
Organizing Chairperson



Dr. Vaijayanti Kolekar
Organizing Chairperson



Dr. Shashi Shrivastava
Organizing Chairperson



Dr. Ragini Agarwal
Organizing Secretary



Dr. Manisha Khare
Organizing Secretary



Dr. Shraddha Agarwal
Organizing Secretary



Dr. Meeta Agarwal
Organizing Secretary



Dr. Madhuri Chandra
Chief Advisor



Dr. Rajni Hajela
Joint Organizing Secretary



Dr. Shruti Shah
Joint Organizing Secretary



Dr. Anita Shrivastava
Joint Organizing Secretary



Dr. Monica Singh
Joint Organizing Secretary



Dr. Sarla Jain
Treasurer



Dr. Amita Dubey
Treasurer



Dr. Supriya Hajela
Treasurer

Indian Menopause Society Office Bearers



Dr. Anita J. Shah
President IMS



Dr. Arti Gupta
Vice President



Dr. Ragini Agrawal
Secretary General IMS



Dr. Jyoti Jaiswal
Treasurer IMS



Dr. N. Hephzibah
Joint Treasurer



Dr. Binal Shah
Jt. Secretary IMS



Dr. Sudhaa Sharma
President Elect, IMS



Dr. Anju Soni
Imm. Past President, IMS



Dr. Bipasa Sen
Ex. Officio, IMS

Why Attend?

Renowned
National Faculty
presenting on cutting-edge
menopause management



Interactive
Workshops on
hormone therapy,
bone health,
mental wellness,
and more



Cultural Evening
Showcasing
the spirit of
Madhya Pradesh



Paper and
Poster
Presentations
by emerging
researchers



CME
Accreditation
for healthcare
professionals



Conference Workshop

"HIGHEST WORKSHOP COUNT – FIRST TIME EVER!"

Pre-Lunch Workshops

1. Navigating the Metabolic Storm: Obesity & Menopause

Understanding the interplay between hormonal changes and weight gain, and addressing it through evidence-based strategies.

2. Aesthetic & Rejuvenation Gynaecology: Enhancing Confidence, Comfort & Care

Innovations in cosmetic and functional gynecology for midlife women.

3. Seeing Beneath the Surface: Role of Imaging in Women's Health

A diagnostic perspective on imaging techniques for early and accurate detection of gynecological conditions.

4. Mastering Menopause Hormone Therapy: Science, Safety & Skillful Prescribing

Clinical insights into personalized and evidence-based HRT

5. Preventive Oncology After 40: Screening, Strategy & Survivorship

A comprehensive approach to cancer prevention and early intervention in midlife women.

6. Surgical & Urogynecological Strategies in Menopause: Minimally Invasive & Functional Approaches

A practical guide to surgical interventions for pelvic health.

Conference Workshop

"HIGHEST WORKSHOP COUNT – FIRST TIME EVER!"

Post-Lunch Workshops

1. Fertility at 40: Empowering Hope, Enhancing Outcomes

Optimizing fertility preservation and treatment strategies for women in their 40s.

2. Muscle, Bone & Hormones: Managing the Musculoskeletal Syndrome in Menopause

Addressing sarcopenia and osteoporosis for strength and mobility.

3. Nutrition After 40: Eating Smart for Midlife Strength & Longevity

Dietary guidelines tailored for hormonal balance, metabolic health, and vitality.

4. Smile Stronger: Dental Wellness in Midlife Women

Exploring the connection between oral health and menopause.

5. Shifting Moods, Shifting Hormones: Understanding Mood Disorders in Menopause

A mental health focus on emotional changes during menopause.

6. Aging Gracefully: The Science & Soul of Skin Care in Midlife

Dermatological insights and self-care strategies for healthy skin.

Conference Highlights

**KEY NOTE
ADDRESSES**

DEBATES

GUEST LECTURES

QUIZ FINALE

**CIMP
CONVOCATION**

**GRAND GALA
NIGHT**

Near by Accommodation



Hotel Courtyard by Marriott
Dainik Bhaskar Mall, DB City Mall,
Zone-I, Arera Hills, Bhopal



Lemon Tree Hotel Bhopal
240, Opposite, Db Mall Square
Near Hotel Surendra Vilas, Zone-I,
Bhopal 462011 India
0.1 miles from Hotel Courtyard by Marriott



Hotel Surendra Vilas
240 Zone - 1 Maharana Pratap Nagar,
Bhopal 462011 India
0.1 miles from Hotel Courtyard by Marriott



**Hotel Arch Manor -
The Vintage Inn**
Mp Nagar 243 - a Zone 1
Opp. DB City Mall, Bhopal 462027 India
0.1 miles from Hotel Courtyard by Marriott



Hotel Aditya Residency
113 Hotel Aditya Residency Zone - 2
Near City Hospital,
Bhopal 462011 India
0.2 miles from Hotel Courtyard by Marriott



Hotel Amer Palace
209 Zone - 1 M.P. Nagar,
Bhopal 462011 India
0.2 miles from Hotel Courtyard by Marriott



Hotel Rajhans Regent
Plot No 14-15 Inter State Bus Terminal
Near Chetak Bridge Square,
Behind Nexa Showroom, Bhopal
0.1 miles from Hotel Courtyard by Marriott



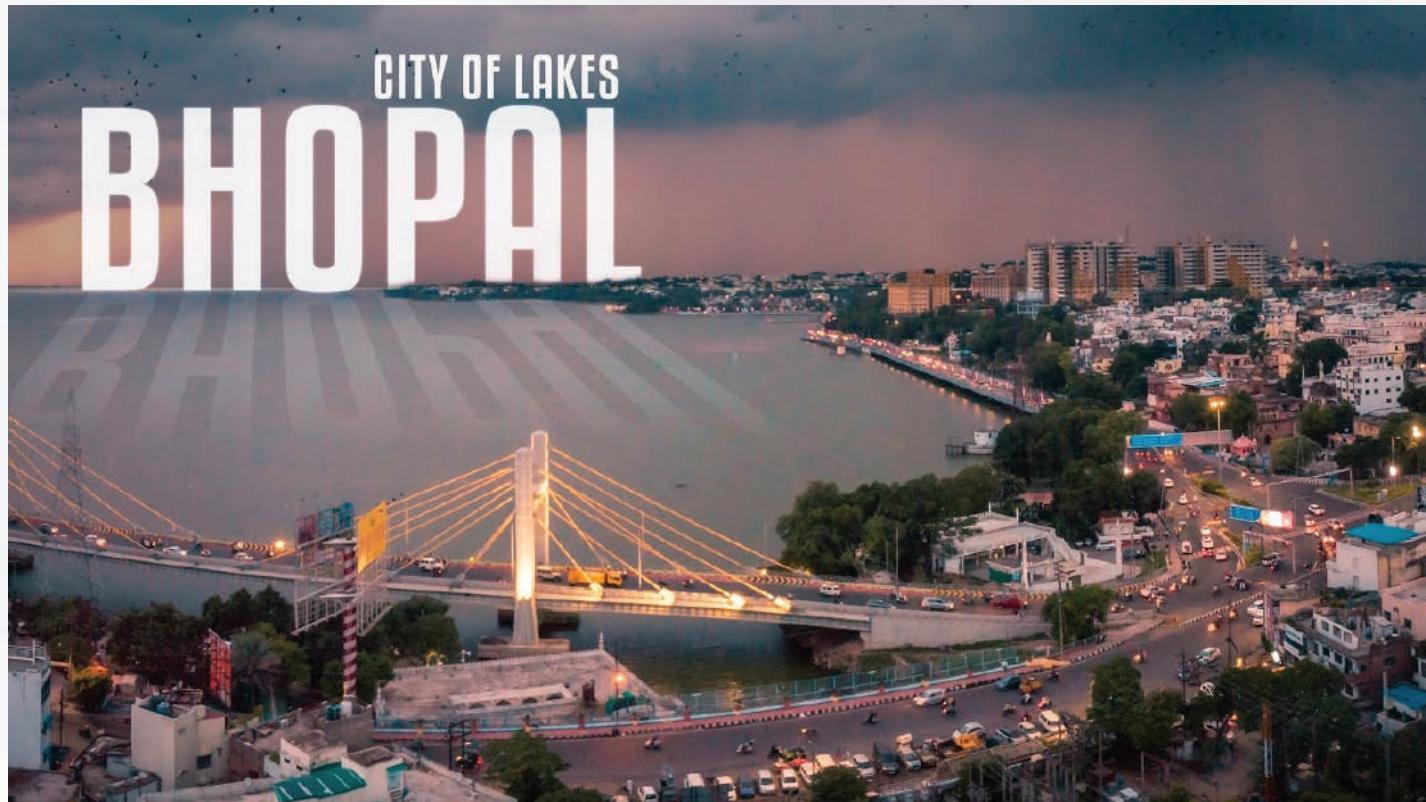
Bhopal – The City of Lakes and Legacy

Bhopal, nestled in the heart of India, is a city where natural splendor and cultural richness go hand in hand. Famously known as the City of Lakes, its serene landscapes are matched by a deep and diverse historical legacy.

The region surrounding Bhopal has been a cradle of ancient Indian civilization, with nearby sites like Bhojpur, home to the majestic Shiva Temple built by Raja Bhoj in the 11th century — a symbol of devotion and architectural brilliance. The city's name itself is believed to have originated from "Bhojpal," referencing the legendary Raja Bhoj.

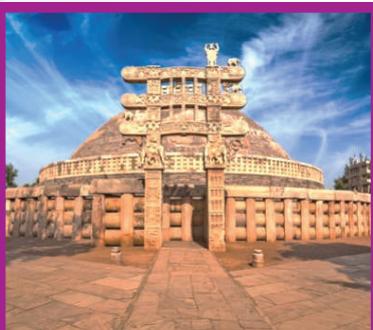
Temples such as Birla Mandir, Lakshmi Narayan Temple, and the spiritual atmosphere of nearby Sanchi Stupa reflects the city's deep spiritual and philosophical heritage.

Bhopal stands as a unique tapestry of ancient values, royal legacies, and modern aspirations - **Welcoming all with warmth, wisdom, and grace.**



Explore Bhopal – The City of Lake

Combine Learning with Leisure! Experience the Charm of
Bhopal's Rich History and Natural Beauty



Sanchi Stupa

A UNESCO World
Heritage site



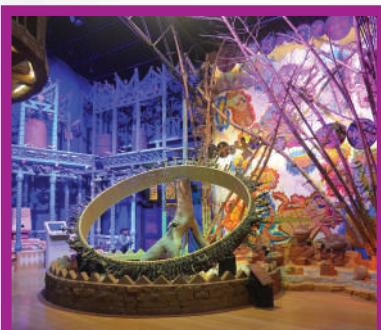
Bhimbetka Rock Shelters

Prehistoric cave art and
archaeological wonders



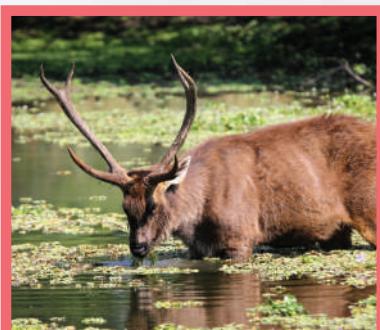
Upper Lake (Bhojtal)

Sunset views and
tranquil boat rides



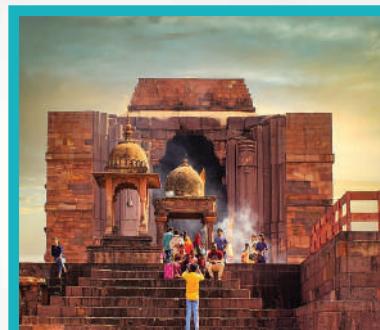
Tribal Museum

An immersive Journey
into indigenous cultures



Van Vihar National Park

A green oasis for
nature lovers



Bhojpur

Town of historical and
religious importance

REGISTRATION FORM FOR OFFLINE MODE

Name

Designation

Age

Sex

Name of the Institute / College

IMS Membership Number (If Any)

Address

City

State

Pin Code

Country

Mobile No

Email ID

Registration Type IMS Member Non-Member Super Senior

Workshop Name

ACCOMPANYING PERSON

Number of Person

01

02

03

Accompanying Person Name :

01

02

03

REGISTRATION FEE

CATEGORY	TILL 31 ST JULY 2025	TILL 31 ST DECEMBER 2025	ON SPOT
MEMBER	RS. 12,980/-	RS. 14,160/-	RS. 16,520/-
NON-MEMBERS	RS. 14,160/-	RS. 15,340/-	RS. 16,520/-
SUPER SENIOR (>75 YEARS)	RS. 11,800/-	RS. 11,800/-	RS. 12,980/-
ACCOMPANYING PERSON	RS. 11,800/-	RS. 11,800/-	RS. 12,980/-

THIS REGISTRATION FEE INCLUDES 18% GST

ANY 2 WORKSHOPS WILL BE COMPLIMENTARY WITH REGISTRATION

ACCOMODATION AT

Courtyard by Marriott Bhopal

Single:	Rs 10,030 per day (INCLUDES GST)
Twin Sharing:	Rs 10,738 per day (INCLUDES GST)

Check-in

26th Feb, 2026
 27th Feb, 2026
 28th Feb, 2026

Check-out

27th Feb, 2026
 28th Feb, 2026
 1st March, 2026

**Pre-Conference
Mahakal Darshan
Rs 4000/-**



PAYMENT DETAILS

PAYMENT MODE :-	NEFT/RTGS
BANK NAME	
UTR NO	
DATE	
TOTAL AMOUNT PAID	
AMOUNT IN WORDS:	

CANCELLATION & REFUND POLICY

Requests for Cancellation / Refunds must be emailed to the imscon2026@gmail.com

- Case to case basis, if cancelled before 31st December 2025
- No refund will be made for the requests sent after 31st December . 2025.
- GST / bank charges/ online charges will be non-refundable.
- Registration is not transferable.
- Refunds will be made one month after conference completion.

Refund of payment will be processed through bank transfer only.

ACCOUNT DETAILS

BANK NAME :	ICICI BANK
ACCOUNT NAME :	BHOPAL MENOPAUSE SOCIETY CONFERENCE 2026
ACCOUNT NUMBER :	118901001826
IFSC :	ICIC0001189
BRANCH :	LALGHATI BHOPAL
PAN :	AAFAB2029Q

**In case of offline registration,
please mail photo of filled registration
form and payment receipt to**

Mail ID: imscon2026@gmail.com

or

Whats App:

**Dr. Supriya Hajela: +91 97175 22279
Dr. Sarla Jain:+91 98260 54190**

Any Query Related to Registration

Bhoopendra Thakur

Ph: 9770011070

Email: chikitshaevents@gmail.com

Conference Secretariat

Email: imscon2026@gmail.com

Manisha Hospital
A-8, Gomti Colony, Nehru Nagar Bhopal 462003

**SCAN QR FOR
ONLINE REGISTRATION**



OR

 **CLICK HERE
TO REGISTER NOW**

www.imscon2026.com



Conference Managed by

Chikitsa
Event
Professional Conference Organiser

Bhoopendra Thakur
Project Head
Chikitsa Events
Behind Capital Mall, Bhopal
Ph: 9770011070
Email: chikitshaevents@gmail.com